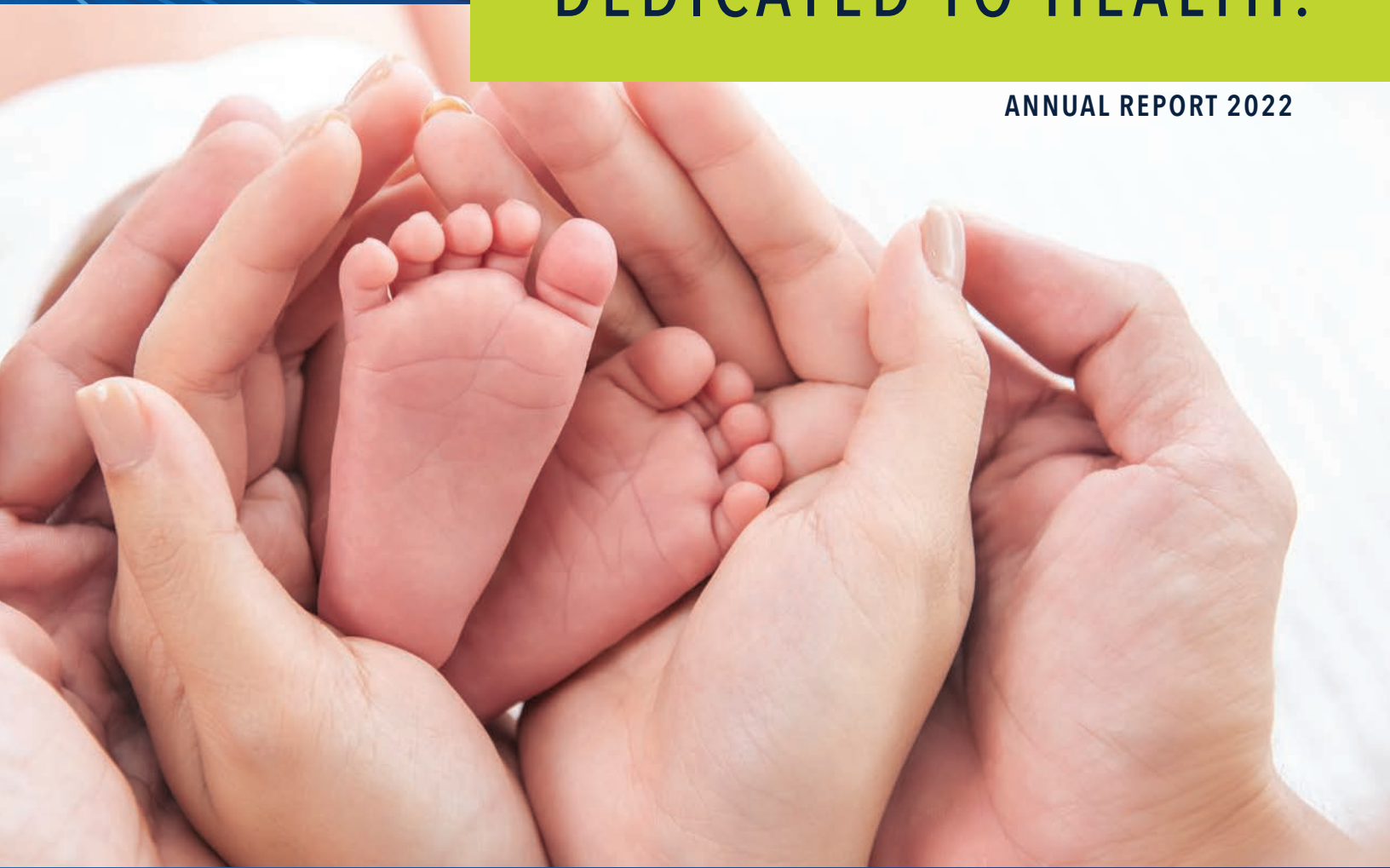


Committed to Growth

DEDICATED TO HEALTH.

ANNUAL REPORT 2022



Report to the Community

Hello from the Floyd Valley Board of Trustees! I do enjoy writing this report as it gives me a chance to reflect on what a great year Floyd Valley Healthcare has had and what a difference we make to our patients. I know this because I often get stopped with wonderful stories about our staff and facilities. And I agree, they both are the best around! And providing excellent care is exactly why we are here.

While we do not provide great care for the accolades, it is fantastic when we are nationally recognized for being high performers in healthcare. Whether it is the Women's Choice Award for Patient Experience, being listed among the Top 100 Critical Access Hospitals nationally, Floyd Valley Senior Life Solutions being named the 2021 Program of the Year or Floyd Valley Community Health recognized as a 2021 SHPBEST Superior Performer for the fifth straight year, know the reason we all are here is to provide YOU exceptional care locally. We feel home is always the best medicine.

If you have been by our campus lately, you have likely noticed the work happening on the north side. Since our groundbreaking in April, the construction crews have been hard at work and the addition is really starting to take shape. We are just as excited as our providers for summer 2023 when we will be able to welcome specialty clinic and therapy patients in this new space.

It is always a pleasure to represent the citizens of Le Mars and surrounding communities as a Board of Trustees member. As board chair, I would like to commend the hospital staff on another successful year, and we all look forward to serving you in the future. If you would like to reach out to me or another board member, I would encourage you to do so. Floyd Valley Healthcare is OUR community asset. We are always looking for feedback as we position FVH to be the healthcare leader for future generations.

Stay healthy, be happy and, for your health care needs, we hope you continue to choose FVH!

God Bless!



Ralph Klemme
BOARD PRESIDENT

CEO Message

As Ralph highlighted, it has been another great year at Floyd Valley Healthcare. I would echo his comments that our continued success is only made possible by our amazing team members and outstanding community support. Our team does not take this responsibility lightly and will continue to work hard to ensure your and your family's care is entrusted to our team. To that end, we continuously look at growth opportunities that will allow patients access to convenient, local care.

Expanding our specialty clinic and surgical offerings will become easier as we complete our expansion next summer. As we recruit and add new specialty providers, available space has become a rate-limiting factor. Twenty additional exam rooms allow for future growth. In addition, the second-floor expansion of Physical, Occupational and Speech Therapies doubles the size of our current space. Floyd Valley Therapies is first class, and the new space will match our teams' clinical skill sets. We are excited construction is on track, with the opening of the new building scheduled for the summer of 2023.

Our Board of Trustees and leadership team are committed to continued growth while being cognizant of environmental and economic constraints. Without a doubt Floyd Valley Healthcare will need to be more mindful than ever of rising expenses due to inflationary pressures that have persisted since COVID. We look forward to sharing further updates over this next year as we detail how we will meet the aforementioned challenges as we continue to develop enhanced patient services and revenue-positive opportunities.

One constant remains the same year after year: our team members are the heart and soul of Floyd Valley Healthcare! Their dedication and commitment to ensuring high quality care and patient satisfaction remain a constant no matter the change that is upon us as an organization.

On behalf of everyone at Floyd Valley Healthcare, thank you for your trust, loyalty and support over the past year.



Dustin Wright
CEO

FINANCIALS & STATISTICS

351

Total Number
of Employees

\$23,664,000

Total Payroll

Annual Operating Budget \$47,100,000

Total Money Spent
with Local Vendors \$1,600,000

Dollars in
Uncompensated Care \$1,900,000

Dollars Invested in
Equipment/Technology \$1,600,000

Operating Margin \$258,092

INCOME STATEMENT 2022

	2021	2022
Patient Services Revenue	\$71,167,972	\$74,795,084
Deductions from Revenue	(28,642,673)	(30,466,833)
Other Operating Revenue	\$6,012,554	\$4,420,463
Total Operating Revenue	\$48,537,853	\$48,748,714
Expenses:		
Salaries, Benefits, Supplies, Purchased Services, Depreciation, Other	\$46,583,795	\$48,490,622
Income/Loss for Operations	\$1,954,058	\$258,092
Total Non-Operating Revenue	\$4,321,442	\$4,332,436
Net Income/Loss	\$6,275,500	\$4,590,528

3.3 DAYS

Average Length
of Hospital Stay

100

Obstetric
Deliveries

2022 PATIENT STATISTICS

127

Inpatient
General Surgery

348

Inpatient Skilled
Care Days

605

Inpatient
Discharges



An Avera Affiliate

2,228

Outpatient Same
Day Surgery

1,680

Inpatient Acute
Care Days

5,646

ER Visits

90,719

Outpatient
Visits



CONSTRUCTION

Ground breaking and earth work begins	APRIL	Work is underway and we are as excited as our patients about our construction project. To keep everyone updated on the milestones, we want to share the projected timeline for the Specialty Clinic and Therapy Addition.
Foundation work	JUNE	MAY Work begins on the geothermal wells
Finishing work on steel and concrete floors poured	AUGUST	JULY Structural steel
Masonry and window work	OCTOBER	SEPTEMBER Interior and exterior framing
Move into new spaces	JUNE 2023	NOV - MAY 2023 Interior work in new spaces
Project complete	FALL 2023	SUMMER 2023 Demo of existing spaces and remodeling begins; West entrance canopy work

Currently all construction work is running on time, so we look forward to continued progress. Please check Floyd Valley Healthcare's construction album on our Facebook page for pictures of the addition and follow along with the excitement.

FLOYD VALLEY CLINICS

Floyd Valley Healthcare continually looks to the future and strategically develops new service lines that not only expand the care available, but keep care local, accessible and convenient.

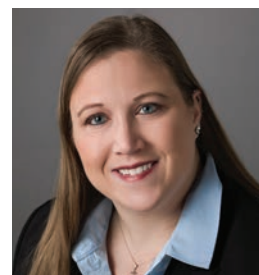
Specialized Services Offered Through Family Medicine Clinics

- Aesthetic Services
- Certified Lactation Counselor
- Family Medicine Obstetric Services
- Hormone Replacement Therapy (Pellet Therapy)
- Osteopathic Manipulative Therapy (OMT)
- Pain Services
- Pediatric Services

Aesthetic Services

Aesthetic services can boost confidence and help patients look their best. In addition to her family practice, Dr. Destiny Miller has completed Botox™ and Aesthetics Certification Training for medical providers and offers:

- Botox
- Chemical Peels
- Dermal Fillers
- Microdermabrasion
- Microneedling



Destiny Miller, MD
Aesthetic Certified

Appointments offered at the Le Mars location of Floyd Valley Clinics can be made by calling (712) 546-3636. During an individualized complimentary consultation, Dr. Miller will discuss the potential benefits provided with each of the above treatments to achieve the desired goals. Treatment costs and payment fees will also be discussed prior to scheduling procedures.



Ellen Aquino, MD
OB & Primary Care
Le Mars



Andrew Geha, DO
OB & Primary Care
Le Mars



Sheila Holcomb, MD
OB & Primary Care
Le Mars



Jolene Meis, MD
Pediatrician
Le Mars



Steven Meis, MD
Primary Care
Le Mars



Destiny Miller, MD
OB & Primary Care
Le Mars



Donald Odens, MD
Primary Care
Le Mars & Remsen



Paul Parmelee, DO
OB & Primary Care
Le Mars



Ashley Powell, DO
OB & Primary Care
Le Mars & Remsen



Kay Kosters, PA-C
Primary Care
Le Mars



Shannon Letsche, ARNP
Primary Care
Marcus



Jena Mahoney, ARNP
Urgent Care
Le Mars



Cara Meins, ARNP
Urgent Care
Le Mars



DeeAne Otto, ARNP
Pain Services, CLC
Le Mars



Geri Lynn Schroeder, ARNP
Primary Care
Remsen & Le Mars



FLOYD VALLEY SURGERY

Floyd Valley Healthcare has expanded its surgical team with the addition of two new providers.

Brooke Konz, MD, is a general surgeon providing services at Floyd Valley Healthcare and network partner Sioux Center Health.

Dr. Konz graduated with her Bachelor of Arts degree from Mount Marty College in Yankton, SD. She went on to receive her Doctor of Medicine from the University of South Dakota's Sanford School of Medicine. She recently completed her residency at the University of South Dakota Sanford School of Medicine in Sioux Falls, SD.

"From the moment our family visited Le Mars on the interview trail, it has felt like home," says Dr. Konz. "I could not be more thrilled to join the teams at Floyd Valley and Sioux Center Healthcare and to raise my children in this beautiful community."

Aimee Heide, CRNA, joins Gary Tillman, Laura Real and the rest of the surgical team to provide increased access to surgical procedures to patients with our surgeons and visiting specialists as well as pain support for obstetric patients.

Heide completed her Bachelor of Science in Nursing at Briar Cliff University in Sioux City and earned a Master of Science in Nurse Anesthesia from Saint Mary's University in Minneapolis, MN. Aimee has 15 years of experience, including most recently working at Sanford Sheldon Medical Center and providing coverage for Floyd Valley Healthcare among other area hospitals.

Aimee enjoys relaxing with family, traveling and spending time outdoors.



Brooke Konz, MD



Aimee Heide, CRNA



New App Puts Patient's Families at EASE

Floyd Valley Surgery offers the Vocera Ease application to improve patient and family communication. This project was led by Cassy Frederick, RN. While attending the University of Iowa College of Nursing's Iowa Online Nurse Residency, she and then CNO Lorrie Mortensen discussed a way to better communicate with the families of surgical patients. After seven months of work and support, the application went live on March 1.

The cloud-based application enables nurses and other healthcare professionals to send secure texts, photos and video updates to a patient's designated loved ones during their surgical procedure. Family members and friends can respond to updates with emojis, giving immediate feedback and support to caregivers.

OR clinicians and staff can send secure messages, pictures and videos to patients' friends and families – whether they are in the waiting room, at work or across the country. Recipients of Vocera Ease updates are selected by the patient, and the app is free for their loved ones. The secure messages, pictures and videos disappear 60 seconds after being viewed, and nothing is saved on their mobile devices. Secure, two-way video conferencing between care teams and families can also be supported by the app, enabling another form of real-time communication to help minimize wondering and worrying by loved ones.

The feedback from families has been great, and that makes the project even more rewarding for Frederick. She said they have had patients choose Floyd Valley Surgery because of Ease.



**SCAN HERE TO
DOWNLOAD
THE EASE APP**



NURSING

Nursing is a Calling

Floyd Valley Healthcare recently recognized three nurses for completing the year-long University of Iowa College of Nursing's Iowa Online Nurse Residency Program. Brooke McFarland, Mayra Ramirez and Cassy Frederick recently were awarded a stethoscope to celebrate their accomplishments.

The purpose of the nurse residency is to ease the transition of the new graduate nurse into professional practice, aid in their socialization as a fully functioning member of the healthcare team and help them to provide safe and comprehensive patient care. While putting to task skills learned in class, nurses work with a designated mentor to solidify patient care skills, collaborate with other healthcare professionals and gain confidence in the profession.



Recent graduate Frederick says she gained a lot of good information you cannot learn from a book, including skills to interact with physicians, patients and coworkers. She feels that all new graduates should enroll in this program.

Additional Training Offered for Nurses

- Advanced Life Support (ALS)
- Basic Cardiac Life Support (BCLS)
- Neonatal Resuscitation Program (NRP)
- Pediatric Advanced Life Support (PALS)
- Trauma Nursing Core Course (TNCC)



HOME HEALTH

Home health is an important step, but not always considered for many in their healthcare journey. Home health care helps patients recover with the goal to continue to live independently without the need to be hospitalized or admitted to a long-term care facility. Research shows that patients recover quicker and have fewer complications when they are able to recover in their home environment.

Floyd Valley Community Health offers nursing, home care aide and therapy support in patient homes. Services include medication management; home IV infusions; dressing changes; assistance with activities of daily living; and physical, occupational or speech therapy. Your home care team provides an important link between you and your physicians.

For the last five years, Floyd Valley Community Health has been recognized as a SHPBEST Superior Performer in patient satisfaction. This recognition is awarded to home health agencies that consistently provide high quality service to their patients. Floyd Valley Community Health was ranked in the top 20% nationally among 2,500 home health providers.



Floyd Valley Home Health offers a wide range of services that support independent, at-home living.

Your Nurse

- Evaluates the individual or family needs.
- Changes dressings, assists with injections, medications, catheter care, and IVs.
- Obtains blood and urine specimens.
- Reinforces learning or teaches the individual and/or family how to perform care.
- Facilitates communication between patient and doctor regarding illness and changes in health status.

Your Home Care Aide

- Assists in giving a bath, shampooing hair and other personal care.
- Observes for changes in the client's condition to be reported to a nurse.
- Assists with prescribed exercises and walking.
- Does light housekeeping such as dusting, vacuuming, laundry and cleaning kitchen appliances.
- Prepares meals.

Your Therapy Team

- Helps patients regain maximum level of mobility and independence.
- Helps patients achieve independence through treatment programs aimed at improving ability to carry out daily activities and training in the use of adaptive equipment to replace lost function.
- Helps patients with communication problems involving speech and hearing.



JOYFUL MOMENTS

Joyful Moments reflects the strong family connection that grows between the residents and staff at Park Place Estates (PPE) Assisted Living. With many friends and relatives scattered across the country, we are proud that our staff can become the second family to our residents. We share in their joys, console in the sorrows and provide an ear when they just need to talk. We love all the stories we hear about their adventures, both current and yesteryear.

What also creates joyful moments at PPE? We like to celebrate special occasions (especially the holidays), meeting new and old friends (including those with fur or feathers) and staying active. And like other families, we like to have fun!

We continue to encourage members of the community to keep in touch and visit with the many residents at PPE. Safely engaging with our residents is a rewarding experience and makes a tremendous difference in their lives and yours!



 **Park Place Estates**
Assisted Living
Floyd Valley Healthcare

LEAVING A LEGACY

When thinking of donations, the image of attending an event or sending a check to a charity may come to mind. Those are great ways to support your favorite causes. Did you know, with some financial planning, you can remember your favorite charities in addition to providing a gift to your family? Establishing a legacy gift with the Floyd Valley Foundation ensures that your family and patient needs will be available now and into the future.

The Floyd Valley Foundation was blessed with such a gift recently. Dennis Lundgren believed in giving back to many in Le Mars. He was a wonderful friend to Floyd Valley Healthcare and felt very passionately about making sure our medical campus would continue to grow and help those we serve. In December of 2005, Denny established a Charitable Remainder Unitrust.

Floyd Valley Healthcare was the recipient of his gift in early 2022, fulfilling Denny's heartfelt commitment of many years ago. Dennis Lundgren's Family Estate gifted over \$2.2 million in the form of farmland and financial investments.

His gift will be used for projects to be announced in the future and will enhance the medical care to all communities Floyd Valley Healthcare serves.

If you would like to learn more about ways to give to the Floyd Valley Foundation, including scheduling a visit, please call (712) 546-3348. We would be happy to discuss the many ways that you can leave your legacy.

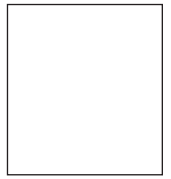


Boots & Brews & A LIL' WINE TOO!

FLOYD VALLEY FOUNDATION WINE & CRAFT BEER TASTING FUNDRAISER

**SATURDAY, NOVEMBER 12 | 6:00 PM
CENTURY HALL | PLYMOUTH CO. FAIRGROUNDS**





LOCAL
POSTAL CUSTOMER



AUXILIARY EVENTS ARE BACK!

November 7th from 10:00 a.m. to 3:00 p.m. in the Community Education Room (west lobby)

The Masquerade Jewelry Sale

For more information about the jewelry sale, please contact event chair Carol Garvin at 712-540-8865.

November

Caramels and peanut clusters will be sold during November and will be available for pickup during the Goodie Sale. For more information about the holiday candy sale or to donate supplies, contact event co-chairperson Kay Allen at 540-6950.

Holiday BEC Cut-Out Cookies (sugar and gingerbread) will also be sold during the month of November and will be available for pickup at the Goodie Sale. To order Holiday BEC Cookies or for questions please contact event chairperson Sandy LaBahn at 539-9584.

December 7th from 2:00 p.m. to 6:00 p.m. in the Community Education Room

The Goodie Sale

For more information on the Goodie Sale and donations, please contact chairperson Ruth Farley at 546-6434.