

OPTION #2

Physician-Administered Sedation

- Versed and Fentanyl will be used.
- You may be awake and feel some of the procedure, or you may sleep through the entire procedure. It is difficult to predict how aware you will be during your procedure with this method.
- There is a greater chance of having some nausea / vomiting following the procedure.
- The physician and a nurse will monitor you while performing the procedure.
- This method is covered by all insurance companies.
- If we are unable to maintain your comfort after the maximum dose is administered, anesthesia will be called and Propofol will be given. You may be responsible to cover this cost.

If you have any questions, call Floyd Valley Healthcare at 712-546-3332 or 1-800-642-6074 ext. 3332 between the hours of 8:00 AM and 4:00 PM. After hours, please call 712-546-7871 or 1-800-642-6074 and ask to speak to a nurse.

Freedom from the waiting room

Your loved ones can stay updated on how your care is progressing. To keep your family and friends informed through real-time status notifications, open the camera on your cell phone and scan the QR code to download the Ease app, register patient information, and invite loved ones to receive updates.



<https://floydvalley.org/medical-services/surgery>

Available for free on the Apple Store or Google Play.

Need EASE help? Call 407-308-4399
www.EASEapplications.com

Gastroscopy

Patient Preparation Instructions

Rev 7/2023

LOCAL, CONVENIENT, QUALITY CARE.

Scheduling

Gastroscopy Procedure Date:

Gastroscopy Arrival Time:

Surgeon Performing the Procedure:

If you have not received a call from the hospital for an appointment time within 2-3 working days, please call (712) 546-3332 or 1-800-642-6074, ext. 3332 between the hours of 8:00 AM and 4:00 PM.

The day of your gastroscopy, enter the hospital through the west entrance. Stop at the registration desk. After registering, you will be directed to the same day surgery unit (upper level). Enter the same day surgery unit through the entrance on the left, just past the seating/waiting area.

To prepare

- If you take any diabetes medicine (insulin or pills), contact your family doctor for instructions. You may need to stop some of your medicines a few days before your test.
- Discontinue the use of aspirin products (Excedrin, Aleve, and Ibuprofen) and iron tablets one week prior to the exam.

- If taking blood thinners, the nurse will give you instructions on when to stop taking these medications. You need to be off these medications several days before the gastroscopy can be completed.
- **Do not eat or drink anything 8 hours prior to arrival.**
- If you are to take your morning medicines, take them with a small sip of water only and take them at least 2 hours before arrival.
- Bring all of the medications you usually take (in the original containers) to the hospital with you, or bring a current list of all your medications.
- **You will NOT be able to drive after the procedure. Please bring a driver.** It will not be safe for you to drive because of the medicine you are given; you will not be able to leave by yourself.
- You may be told to arrive 45 minutes before your test is scheduled so that staff can prepare you for the procedure. Expect to be here for 2 hours for your test and recovery time.
- If your insurance policy states that you must **PRECERTIFY/ PREAUTHORIZE** (get prior approval), please follow the instructions in your policy manual or on your insurance card. Some insurance companies may refuse to pay all of a bill if the cardholder fails to pre-certify. To avoid a penalty, please be aware of your insurance policy requirements.

For Patients with Blue Cross and First Administrators insurance

Blue Cross and First Administrators do not cover an anesthesiologist providing sedation for colonoscopies. You will be asked to choose between two options. Please read the following descriptions prior to arrival for your procedure. Nursing staff will answer questions on arrival. **Please be assured that with either method, all measures will be taken to maximize your comfort and safety at all times.**

OPTION #1

Anesthetist-Administered Sedation

- Propofol is the drug used by the anesthesiologist.
- You can expect to be asleep throughout the procedure.
- You will not remember the procedure.
- The drug wears off quickly.
- There is a lesser chance of having side effects.
- It can cost from \$300 to \$450 out-of-pocket if your insurance does not cover the cost.
- The hospital's billing department can help set up payment plans.
- Insurance may cover the cost if you have certain medical conditions.