

# Growing For Our Families' Future

ANNUAL REPORT 2023



# Report to the Community

On behalf of the Board of Trustees, I would like to thank our communities for supporting Floyd Valley Healthcare. One of the best perks of serving on the Board of Trustees is talking to the people in our area about our great facility and hearing what they feel may make us even better. I, like others, want to make sure my local healthcare facility has the doors open, lights on and the best staff. I have had some great discussions over the years, and we heard you!

Floyd Valley has been recognized as one of America's 100 Best Hospitals for Patient Experience. While we do not carry out our daily operations thinking about awards, we're proud our staff is recognized for the exceptional care they provide every day.

The 13,123-square-foot Specialty Clinic and Therapy Addition is almost complete. Specialists held their first clinics in the space in July. In addition to the great providers who are using this space, we continue to recruit specialties. Work continues in the second-floor therapy space; our goal is to be using the new gym and treatment areas this fall. The master plan also includes a remodel of the existing space, which we expect to be completed in early 2024. This area will house physical, occupational and speech therapies and, with convenience in mind, all their treatment areas will be in one contiguous space.

We have heard how beautiful the west addition is and how our patients like the ease of getting in and getting to their provider appointments. We also heard that you did not like the lack of a canopy over that entrance. Knowing Iowa weather, we appreciate your concerns. In coordination with our other construction, we were able to add a canopy over the west entrance. While we know that navigating entrances during this construction may not be ideal, we are sure you will appreciate the canopy this winter.

We have other upcoming projects scheduled in 2024 that include remodeling our obstetrics area, hospital lab and adding a retail pharmacy. We will continue to keep you apprised of the great work with these projects as we have more details.

As most of you have already heard, I will not be running for reelection to the Board of Trustees, so this will be my final report. I have served on many boards over my years, but I will tell you that serving on this board was truly a joy. In healthcare you expect the best, and so do I. Floyd Valley is the best and will continue to strive to be the best. It was my honor to represent our community and to make sure Floyd Valley is positioned to provide the care we need for generations to come.

God Bless.



**Ralph Klemme**  
BOARD PRESIDENT

# CEO Message

As 2023 comes to a close we have so much to be thankful for at Floyd Valley Healthcare (FVH). This past year has been marked with continued growth and expansion, not only the services provided to our community but also building projects that allow us to prepare for further growth. The opening of our specialty clinic and soon-to-be therapy expansion will allow us to grow the number of specialty clinic offerings and for our existing specialty providers to be more efficient while providing a better patient experience. Our therapy department continues to see significant growth in all disciplines, and the additional space will allow us to continue our recruitment efforts as we plan for the future needs of our community.

Our provider recruitment efforts continue to position FVH for continued growth. This past year Dr. Lee Kurisko, radiologist, joined our medical staff. We now have two radiologists on staff allowing for prompt turnaround time of image reading as well as providing on-site interventional procedures. We are beyond blessed to have the services of Dr. Steve Saulsbury and now Dr. Kurisko!

Dr. Sean Sutphen will be joining our family medicine practice, providing a full-scope practice of clinic, hospital and obstetrical services. In addition to Cara Meins, ARNP, FVH has added Stacey Petersen, ARNP, and Sarah Hunt, ARNP, to our Urgent Care provider team. We will be expanding the access for this important need in our community.

Lastly, I am thrilled to highlight our upcoming facility improvement project with the renovation of the maternal health and laboratory departments. The maternal health renovation will double the size of our rooms and includes a new centrally located nursery, three delivery, recovery and postpartum rooms, one traditional delivery room and aesthetic enhancements. Providing facilities that match the high quality of our provider teams was an important initiative to undertake. Our laboratory will double in size with this project, allowing our teams to have more workspace, greater efficiencies with equipment location and room for volume growth in the future. In addition, our retail pharmacy will open in summer of 2024. We look forward to showcasing these projects in future months to our community members.

As in years past, I would be remiss to close with anything else but a THANK YOU to our team members and volunteers that make FVH a success. At the forefront of our volunteer group is our elected Board of Trustees. This group serves with passion and a commitment to excellence that drives our entire organization. I have been blessed to work alongside a great friend and mentor, Ralph Klemme, for several years. I wish Ralph a well-deserved retirement from public service and a thank you for his guidance and leadership! FVH has a committed, caring team that is dedicated to serving our communities. Not a day goes by that I do not feel lucky to be part of such a special organization and team. For our community members, thank you for trusting us with your healthcare needs!

On behalf of everyone at Floyd Valley Healthcare, thank you for your trust, loyalty and support over the past year.



**Dustin Wright**  
CEO

# FINANCIALS & STATISTICS

**369** Total Number of Employees

Annual Operating Budget \$51,100,000

Total Spent with Local Vendors \$1,660,000

Dollars in Uncompensated Care \$1,100,000

Dollars Invested in Equipment \$1,200,000

Operating Margin \$638,637

## INCOME STATEMENT

	2023	2022
Patient Services Revenue	\$76,114,608	\$74,795,084
Deductions from Revenue	(30,717,973)	(30,466,833)
Other Operating Revenue	\$4,707,323	\$4,420,463
Total Operating Revenue	\$50,103,958	\$48,748,714
Expenses: Salaries, Benefits, Supplies, Purchased Services, Depreciation, Other	\$49,465,321	\$48,490,622
Income/Loss for Operations	\$638,637	\$258,092
Total Nonoperating Revenue	\$1,335,570	\$4,332,436
Net Income/Loss	\$1,974,207	\$4,590,528

**3.1 DAYS**

Average Length of Hospital Stay

**101**

Obstetric Deliveries

## 2023 PATIENT STATISTICS

**117**

Inpatient General Surgeries

**392**

Inpatient Skilled Care Days

**553**

Inpatient Discharges



**2,319**

Outpatient Same-Day Surgeries

**1,488**

Inpatient Acute Care Days

**5,511**

ER Visits

**84,740**

Outpatient Visits



## Floyd Valley Clinics For Your Families' Future

Family medicine services at Floyd Valley Healthcare offer comprehensive, patient-centered care for a wide range of medical conditions and health issues from prenatal through end-of-life care. Our providers emphasize prevention, and regular visits promote long-term relationships between healthcare providers and patients. This approach can lead to better health outcomes and improved overall well-being for individuals and communities. We continue to expand these services.



### Le Mars Clinic

714 Lincoln Street NE (West Entrance)  
Le Mars  
(712) 546-8111



**Ellen Aquino, MD**  
OB & Primary Care



**Andrew Geha, DO**  
OB & Primary Care



**Sheila Holcomb, MD**  
OB & Primary Care



**Jolene Meis, MD**  
Pediatrician



**Steven Meis, MD**  
Primary Care



**Destiny Miller, MD**  
Primary Care



**Donald Odens, MD**  
Primary Care



**Paul Parmelee, DO**  
OB & Primary Care



**Ashley Powell, DO**  
OB & Primary Care



**Sean Sutphen, DO**  
OB & Primary Care



**Kay Kusters, PA-C**  
Primary Care



**DeeAne Otto, ARNP**  
Pain Services, CLC



**Geri Lynn Schroeder, ARNP**  
Primary Care



# Floyd Valley Clinic Welcomes Dr. Sean Sutphen

Floyd Valley Clinics will welcome Dr. Sean Sutphen in December. Dr. Sutphen will provide a full spectrum of family medicine including obstetrics and Osteopathic Manipulation Treatment (OMT).

Dr. Sutphen completed a Doctor of Osteopathic Medicine at Edward Via College of Osteopathic Medicine in Blacksburg, VA, and his Family Medicine Residency at VCU-Shenandoah Valley Family Practice Residency in Front Royal, VA.

When not in the clinic, he enjoys spending time outdoors hiking, shooting, rock climbing and welding.



Sean Sutphen, DO

## Urgent Care

To meet the ever-increasing demand of our patients and communities, Floyd Valley Healthcare has expanded their Urgent Care hours, adding Sundays, as well as more providers, to see patients for non-emergency appointments. This means shorter wait times, and patients can get back to feeling their best quickly.

### Marcus Clinic

101 East Pine Street  
Marcus  
(712) 376-4181



Shannon Letsche, ARNP  
Primary Care

### Remsen Clinic

015 East 2nd Street  
Remsen  
(712) 786-1114



Donald Odens, MD  
Primary Care



Ashley Powell, DO  
OB & Primary Care



Geri Lynn Schroeder, ARNP  
Primary Care

### Urgent Care

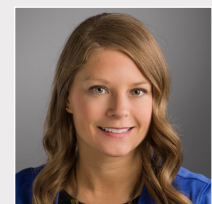
Le Mars Clinic  
(712) 546-3665  
Monday–Thursday 8:30 a.m.–8:00 p.m.,  
Friday 8:30 a.m.–5:00 p.m.  
Saturday 8:00 a.m.–12:00 p.m. and  
Sunday 1:00–5:00 p.m.



Sarah Hunt, ARNP  
Urgent Care



Cara Meins, ARNP  
Urgent Care



Stacey Petersen, ARNP  
Urgent Care



# Floyd Valley Healthcare

## SPECIALTY CLINIC

### North Addition Growing for Our Future

Keeping specialty care close to home is a priority for Floyd Valley Healthcare. When looking for ways to provide specialty care for our communities and attracting specialists to practice at Floyd Valley, creating a Specialty Clinic with easy access for our patients and an efficient space for providers and their teams to practice was vital.

After breaking ground in April of 2022, the new Specialty Clinic hosted its first clinic in July of 2023.

### Specialty Clinics at FVH

#### **Audiology (East Entrance)**

Mike Sloniker, AuD

Siouxland Hearing Healthcare

#### **Cardiology**

Thomas Waterbury, MD

Megan Moeding, AACC, DNP, FNP-C

North Central Heart | (605) 977-5000

#### **Dermatology**

Raymond Kuwahara, MD

CNOS | (605) 217-2667

#### **Ear, Nose & Throat**

Thomas Kenny, MD

Jessica Bowman, NP

Ear, Nose & Throat Consultants

David Wagner, MD

Dwight Berkley, PA

Wagner Ear, Nose & Throat

#### **General Surgery**

Brooke Konz, MD

Nicholas Mouw, MD

Shahid Naqvi, MD

Floyd Valley Medical Staff

#### **Nephrology**

Jerold Erlandson, MD

Ashar Luqman, MD

Renal Associates

#### **Neurology**

Maria Azpeitia, NP-C

CNOS

#### **Orthopedics**

Aaron Althaus, MD, CNOS

Kevin Liudahl, MD, CNOS

(605) 217-2667

#### **Urology**

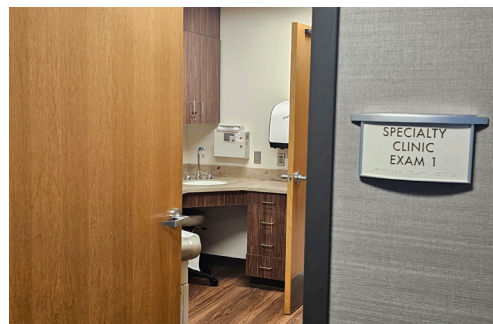
Craig Block, MD

Siouxland Urology Associates

#### **Vascular**

Chad Laurich, MD

Vascular and Vein Institute of Siouxland | (605) 217-5617



\*For more information or an appointment, call (712) 546-3332 unless otherwise noted.

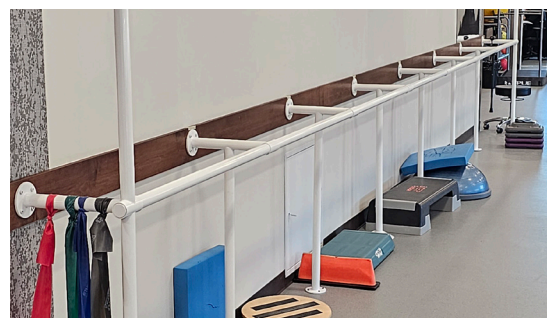
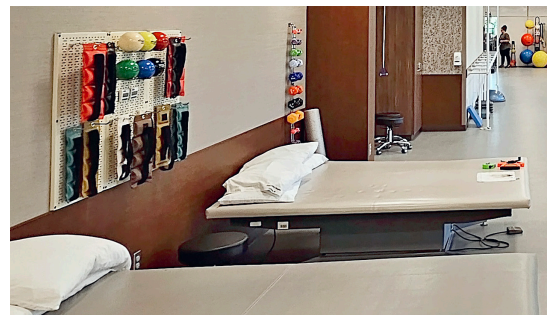


## Therapies

# Moving for Our Future

The need for therapy in our communities has grown markedly over the past several years. To accommodate this growth in treatment services and additional therapists, the second floor of the north addition will be home to a larger gym and additional treatment rooms. The current therapy space will be remodeled into a larger waiting area, physical, occupational and speech therapy offices and treatment spaces, feeding clinic and sensory room. Completion date is expected to be February of 2024.

Expanded therapy services means patients can receive the care, assistance and rehabilitation they need conveniently and close to home.



One of the most exciting additions to the new therapy area is the Solo-Step® fall protection system, which allows for a safer patient experience by eliminating the risk of falls. The system increases patient confidence, speeds up recovery time and helps restore normal movement and function.

solo-step  
FALL PROTECTION FOR REHAB







## Radiology Seeing the Future

Neuroradiologist Dr. Stanley "Lee" Kurisko joined our medical staff in 2023. With two radiologists on staff, patients appreciate quick imaging turnaround.

In addition, both physicians provide on-site interventional radiology procedures including aspirations, various biopsies, drainages, pain injections, paracentesis and thoracentesis. Interventional radiology is a specialty utilizing minimally invasive image-guided procedures to diagnose and treat diseases. Patients are exposed to less anesthesia, have smaller incision sites and have quicker recovery times with no hospitalization needed.

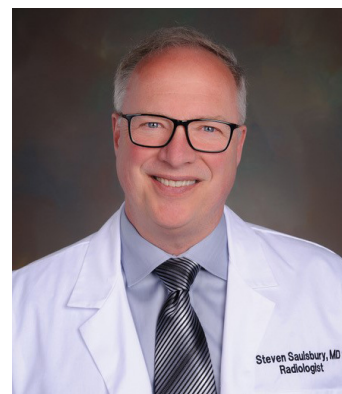
### Imaging Modalities

- General Imaging
- Bone Density (DEXA) Screening
- CT
- Fluoroscopy
- Mammograms (3D)
- MRI
- Nuclear Medicine
- Scoliosis Board
- Ultrasound

### Radiology Providers



**Lee Kurisko, MD**



**Steven Saulsbury, MD**





## Park Place Estates Honoring the Past by Embracing the Future

In this season of reflection, we would like to pause for a moment and reflect on how incredibly grateful and honored Park Place has been to serve our communities. Since opening in 1993 as Plymouth County's first assisted living facility, Park Place Estates has celebrated 25 years of new beginnings, friendships, countless activities and wonderful memories to share. But most of all, Park Place has been a home away from home, an extended family and a safe, secure way to get the most out of life for 340 residents.

We are proud to have served our community for 25 years and look forward to many more gratifying years to come. We have been recognized nationally for our planned activities, service to our residents, have been deficiency-free since opening and are known as a safe place for seniors to call home. It may get a little "crazy" on BINGO days, but we wouldn't want it any other way!



Enjoy a maintenance-free, worry-free lifestyle at Park Place. With a menu of services to fit every level of care, private apartments, a strong sense of community and 24-hour on-site assistance, Park Place Estates is home ... only better. Call today for more information or a tour (712) 546-6793.



# Maternal Health Expansion and Renovation

## Families Begin Here

There is no bigger miracle or joyous event than the birth of a child. Floyd Valley Healthcare is committed to continue making that experience amazing for all our families!

While many critical access hospitals are discontinuing labor and delivery services, Floyd Valley Healthcare continues to see a growth in births and the need for restructured labor and delivery services.

The Floyd Valley Foundation has launched a capital campaign in support of this important renovation which will include modernized birthing suites, nursery and additional security measures. Please consider supporting our campaign if you haven't already.

With the generous support from the friends of FVH, this renovation will help keep care local for current and future generations. We also believe this expansion will help Floyd Valley Healthcare remain competitive in a challenging healthcare market. To learn more about supporting the maternal health renovation and expansion, contact Amy Harnack at (712) 546-3348 or email [aharnack@floydvalley.org](mailto:aharnack@floydvalley.org).

### Room Renderings for Expanded Obstetric and Maternal Health Expansion and Renovation



Waiting room



En suite private bathroom



New labor/delivery/recovery/postpartum suite





## Floyd Valley Foundation Renovating for Future Generations

Floyd Valley Healthcare is in an incredible position as an organization. As many rural, critical access hospitals see fewer and fewer patients, we are growing. To meet the demand and healthcare needs of new families in our communities, a renovation and expansion of our maternal health department is needed. We are blessed that young families want to call this area home. The renovated spaces will provide moms, newborns and their families with improved technology and safe, comfortable birthing suites.

We are inviting local business partners, supporters and friends in our communities to participate in this campaign with a financial gift to support this important and necessary project. The project will allow us to continue serving families and future generations.

Gifts of any amount move us closer to achieving our goal. Giving financially is a very personal decision made by each family, regardless of the amount, and each gift is significant and appreciated. Please consider a gift to the Floyd Valley Foundation.

If you would like to learn more about ways to give to the Floyd Valley Foundation, including scheduling a visit, please contact Amy Harnack at (712) 546-3348 or email [aharnack@floydvalley.org](mailto:aharnack@floydvalley.org). We would be happy to discuss the many ways that you can leave your legacy.

**LIGHTS of LOVE**

**FLOYD VALLEY FOUNDATION**  
WINE & CRAFT BEER  
TASTING FUNDRAISER

Join us as we light up the night for the future generations in our community and raise funds for the maternal health renovation project.

Families begin here. Keeping care local and convenient means making sure that moms and their newborns have the most joyful birthing experience! Renovating the Maternal Health area will provide state-of-the-art care with new technology, as well as updated nursery and birthing suites to make Mom and their new arrival more comfortable.

To support these new families and continue our mission to keep care local and convenient, we need the help of generous donors joining us for this fun event!

One-of-a-kind gifts, family fun packages and excursions are up for grabs at the live and silent auction. Don't miss out!

- Gourmet appetizers and meal
- Wine and craft beer tasting
- Cork pull
- Short program with video
- Live and silent auction
- Music by DJ Jammin' Entertainment

**NEW THIS YEAR**  
**DESSERT DASH AUCTION**  
Bring your running shoes, stretch and be prepared to bid and dash for some amazingly decadent desserts!

**SATURDAY**  
**NOVEMBER 11**  
**6 P.M.**

CENTURY HALL –  
PLYMOUTH CO. FAIRGROUNDS

TICKETS ARE \$80

Scan for tickets and to  
view auction items, or  
visit [floydvalley.org](http://floydvalley.org).

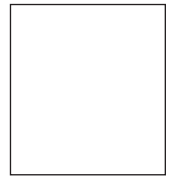
**Floyd Valley**  
Foundation

Presenting Sponsor:  
 Wells Fargo

Sponsors:  
American Bank  
CMBA Architects  
Graham Construction Co.  
Groetken Family Eye Care  
Iowa State Bank  
Kroese & Kroese, P.C.

Midstates Bank  
Nor-Am Cold Storage  
Northwest Bank  
Perspective Insurance  
Primebank  
Schuster Co  
Total Motors

The annual wine and craft beer fundraiser is not only a much-anticipated evening of fun, but it also raises necessary funds for Floyd Valley Healthcare. This year, monies raised benefit the expansion and renovation of the maternal health department.



LOCAL  
POSTAL CUSTOMER



## AUXILIARY

### Purse Palooza and Silent Auction

Tuesday, October 24th from 10:00 a.m. to 5:00 p.m. – Conference Room 1  
For more information, contact Sandy La Bahn at (712) 539-9584.

### Masquerade Jewelry Sale

Wednesday, November 8th from 10:00 a.m. to 4:00 p.m.  
For more information, contact Carol Garvin at (712) 540-8865.

### Preorder Fudge and Peanut Cluster Sale

Preorder forms available at the Auxiliary Gift Shop or by contacting one of the following Auxiliary members: Cathy Popp at (712) 540-0235 or Kay Allen at (712) 540-6950.

Order deadline is November 10th.

### Goodie Sale

Wednesday, December 13th from 10:00 a.m. to 6:00 p.m.  
– Conference Room 1

Pick up your favorite treats from a selection available this day only!

### Preorder Cookie and Soup Sale

Orders must be completed by December 8th. Order forms are available in the Auxiliary Gift Shop. Return orders to gift shop or by mail to Sandy La Bahn, 610 3rd Ave SE, Le Mars. For more information, contact Sandy at 712-539-9584.

- Sugar Cookie or Ginger Man Cut Outs: \$15 per box
- Chicken and Wild Rice or Vegetable Beef Frozen Soups: \$20 per 56 oz. serving